

August & September

2010



Root Down Catering ~ 907.677.0767 ~ rootdowncatering@gmail.com

Monday	Tuesday	Wednesday	Thursday	Friday
16	17	18	19	20
	South's Turkey Sandwich Pretzels Fresh Fruit	Summer Veggie Soup Wheat Roll Sliced Apples	Beef Taco Salad Tortilla Chip Strips Sliced Peaches VEG	Macaroni Al Forno Veggie Medley Trail Mix VEG
23	24	25	26	27
Baked Chicken Chimi Mexi Rice and Beans Berries VEG	Corndog and Pretzels Celery Sticks Raisins	Beef and Veggie Soup Wheat Roll Sliced Apples	Chicken Caesar Salad Whole Grain Bread Sliced Peaches VEG	Pepperoni Pizza Carrot and Celery Sticks Applesauce VEG
30	31	September 1	2	3
Beef Burrito Mexi Rice and Beans Clementine VEG	Pork Egg Roll Un-Fried Rice Sliced Pears	Chicken Noodle Soup Wheat Roll Sliced Apples	Chicken Sandwich Side Salad Pretzels VEG	Spaghetti Green Beans Fruit Salad VEG
6	7	8	9	10
Happy Labor Day! NO SCHOOL	Cheese Pizza Peas and Carrots Sliced Peaches VEG	Salmon Chowder Whole Wheat Roll Sliced Apples	Chicken Nuggets Potato Wedges Carrot and Celery Sticks	Cheese Ravioli Roasted Veggies Fruit Salad VEG
13	14	15	16	17
Beef Tacos Black Beans and Rice Berries VEG	Mac n' Cheese Peas and Carrots Sliced Pears VEG	Chicken Noodle Soup Whole Wheat Roll Sliced Apples	Pork Egg Roll Un-Fried Rice Clementine	Lasagna Veggie Medley Trail Mix VEG
20	21	22	23	24
Chicken Fajitas Mexi Rice and Beans Clementine VEG	Cheese Pizza Peas and Carrots Sliced Peaches VEG	Potato and Bacon Soup Whole Wheat Roll Sliced Apples	South's Turkey Sandwich Pretzels Fresh Fruit	Macaroni Al Forno Veggie Medley Fruit Salad VEG
27	28	29	30	
Baked Chicken Chimi Mexi Rice and Beans Berries VEG	Corndog and Pretzels Broccoli Sliced Pears	Chicken Noodle Soup Whole Wheat Roll Sliced Apples	Beef Taco Salad Tortilla Chip Stips Sliced Peaches VEG	